Determination of Sex by Occipital Condyle Intercondylar Distance and Foramen Magnum Among South Indian Population

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ABSTRACT

The morphometric evaluation of occipital condyle, intercondylar distance and foramen magnum is clinically interesting because of its relation with its contents. Occipital condyles are two bony elevations present on either side of foramen magnum in the base of the skull which articulates with the superior articular facet of the atlas vertebra, connecting the skull with the vertebral column. The diameters of the foramen magnum are very important because the vital structures passing through it and for sex determination of skulls. The aim of the present study is to determine the sex by occipital condyle, inter-condylar distance and foramen magnum among South Indian population. The study used dry skulls of south Indian populations and vernier calipers for measurement. Completely ossified 50 adult human dry skulls of unknown age and sex were taken from the Department of Anatomy of saveetha dental college, chennai were used for the study. The skull samples which were deformed were excluded from the study the length and breadth of occipital condyles, distance from each occipital condyle, dimension of foramen magnum were measured using a digital vernier caliper graded upto 0.01mm. Observations made were tabulated. According to the present study The average diameter of the occipital condyles of male was found to be 13.72 ± 0.42 mm. The average diameter of the occipital condyles of female was found to be 12.82 ± 0.54 mm. The average length of the intercondylar distance in male was found to be 30.41 ± 4.75 mm. The average length of the intercondylar distance in female was found to be 27.76 ± 3.88 mm. The average diameter of the foramen magnum in male was found to be 31.52 ± 5.14 mm. The average diameter of the foramen magnum in female was found to be 29.18 ± 4.32 mm respectively. Detailed morphometric analysis of occipital condyle, intercondylar distance foramen magnum will help in the estimation of sex though all the parameters doesn’t prove to be effective but it can serve as an additional criteria in case of skull obtained with damages on the cranial bones. This study will be useful also for the anatomist, neurosurgeon, radiologist, and morphologists’ clinical anatomists to carry out further detailed morphometric analysis.

Keywords: Morphometry, Occipital condyle, Intercondylar distance, Foramen magnum, Sex determination


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INTRODUCTION

Occipital condyles (OC) are present on either aspect of foramen magnum and are related to many important structures which emerge out from the surrounding foramen such as jugular foramen, hypoglossal foramen and posterior condylar foramen [1–3]. It articulates with superior articular facets of atlas to form atlanto-occipital joint Occipital condyles are considered to be oval in shape. It is aligned obliquely in such a way that the anterior end of it is closer to each other when compared with the posterior end. On the medial aspect of each condyle a large foramen magnum is present which communicates above with the posterior cranial fossa. It contains the lower end of medulla oblongata, meninges, vertebral artery, spinal accessory nerve, apical ligament and tectorial membrane [4,5]. Knowledge of dimensions of occipital condyles and its relation with neighbouring foramen is important for the neurosurgeons operating in this region [6,7]. Knowledge of morphometry of the Occipital condyle may therefore be useful in decisions regarding extent and direction of condylar drilling to avoid occipito-cervical destabilization and inadvertent injury of the hypoglossal canal neurovascular structures.
The intercondylar distance however is a stable and a bony landmark that remains fairly static throughout life [11–13]. The foramen magnum is situated in an antero-medial position in the occipital bone and communicates into the posterior cranial fossa. It is oval in shape which is wider from behind. It is greatest in its dimensions anteroposteriorly. Posterior part of foramen magnum known as neurovascular compartment which contains the lower end of the medulla oblongata, meninges, cerebrospinal fluid, vertebral vessels and the accessory nerves; anterior part of it is known as osseo-ligamental compartment through which the cruciate ligament, apical ligament of the dens and the tectorial membrane pass and attach to the internal aspect of basi-occiput [14–16]. The knowledge of the dimensions and shape of the foramen Magnum has important clinical implications in the prognosis and treatment of various neurological pathologies like Arnold Chiari syndrome, and posterior cranial fossa lesions [17–19]. Evaluation of foramen magnum is important for neurosurgical approaches, forensic, radiological evaluations and for evolutionary studies [20–22].

We therefore sought to determine the dimensions of the occipital condyle, intercondylar distance, foramen magnum in the dry human skulls. The aim of the present study was to determine the sex by occipital condyle, inter-condylar distance and foramen magnum among South Indian population.

**MATERIALS AND METHOD**

The present study was carried out on 100 occipital condyles, foramen magnum, intercondylar distance of 50 dry adult skulls. Damaged and broken skulls were not included. The following 7 parameters of the occipital condyles, intercondylar distance, foramen magnum were measured and analysed on both the sides. The collected data were entered and analyzed using the Statistical Package of Social Science (SPSS) program for Windows SPSS for analysis. The mean and standard deviations were calculated. The comparison of various dimensions of the right and left sides was performed using Student’s t-test and p-value was calculated. Between the male and female skulls, statistical significance is determined with p<0.05 for the parameters like dimensions of occipital condyle, foramen magnum and for the intercondylar distance. Data were graphically represented by bar diagrams.

**Inclusion criteria**

Skulls without any fracture and gross abnormalities, absence of fractures in the foramen magnum, occipital condyle area were considered for evaluation.

**Exclusion criteria**

Fracture involving the base of the cranium. Congenital anomalies of the skull trauma, bone pathologies and extensive fractures.

**RESULTS**

The morphometric analyses of occipital condyle, intercondylar distance and foramen magnum consisting a total of 7 parameters were analyzed. The average length and breadth of occipital condyle of the right side in male was found to be 18.77 ± 0.39 mm and 8.86± 0.76 mm respectively. The average length and breadth of occipital condyle of the left side in male was found to be 18.61 ± 0.52 mm and 8.62 ± 0.23 mm respectively. The average length and breadth of occipital condyle of the right side in females was found to be 17.03 ± 0.71 mm and 8.43 ± 0.42 mm respectively. The average length and breadth of occipital condyle of the left side in females was found to be 17.73 ± 0.34 mm and 12.93 ± 0.59 mm respectively. The comparison of average length and breadth of occipital condyle in male and female is shown in Figures 1-4. The average diameter of the occipital condyles of male was found to be 13.72 ± 0.42 mm. The average diameter of the occipital condyles of females was found to be 12.82 ± 0.54 mm.

![Figure 1: Bar chart showing comparison of mean length of occipital condyle of right side in males and females. X axis showing the length of occipital condyles in male and female and y axis showing the number of bones. There was a significant difference in the mean length of occipital condyles of the right side in males than females. Chi-square test showing p=0.000 (p<0.05 indicating statistically significant).](image-url)
Figure 2: Bar chart showing comparison of mean breadth of occipital condyle of right side in males and females. X axis showing the breadth of occipital condyles in male and female and y axis showing the number of bones. There was a significant difference in the mean breadth of occipital condyle of the right side in males than females. Chi-square test showing $p=0.003$ ($p<0.05$ indicating statistically significant).

Figure 3: Bar chart showing the comparison of mean length of occipital condyle of the left side in males and females. X axis showing the length of occipital condyles in male and female and y axis showing the number of bones. There was a significant difference in the mean length of occipital condyle of the left side in males than females. Chi-square test showing $p=0.000$ ($p<0.05$ indicating statistically significant).

Figure 4: Bar chart showing comparison of mean breadth of occipital condyle of left side in males and females. X axis showing the breadth of occipital condyles in male and female and y axis showing the number of bones. There was a significant difference in the mean breadth of occipital condyle of the left side in males than females. Chi-square test showing $p=0.095$ ($p>0.05$ indicating statistically not significant).
The average length of the intercondylar distance in male was found to be 30.41 ± 4.75 mm. The average length of the intercondylar distance in females was found to be 27.76 ± 3.88 mm. The comparison of average length of intercondylar distance in male and female is shown in Figure 5. The average diameter of the foramen magnum in male was found to be 31.52 ± 5.14 mm. The average diameter of the foramen magnum in females was found to be 29.18 ± 4.32 mm. The comparison of average diameter of foramen magnum in male and female is shown in Figure 6.

Between the male and female skulls, statistically significant differences were found for the length and breadth of the occipital condyles of the right side in males than females (p<0.05). Also there was a statistically significant difference in the length and breadth of the occipital condyles of the left side in males than females (p<0.05).

Between the male and female skulls, statistically significant differences were found for the intercondylar distance between the males and females (p>0.05). Also there was no

![Figure 5: Bar chart showing comparison of mean length of intercondylar distance in males and females. X axis showing the length of intercondylar distance in male and female and y axis showing the number of bones. There was no significant difference in the mean length of intercondylar distance between males and females. Chi-square test showing p=0.076 (p>0.05 indicating statistically not significant).](image)

![Figure 6: Bar chart showing comparison of mean diameter of foramen magnum in males and females. X axis showing the diameter of Foramen magnum in male and female and y axis showing the number of bones. There was no significant difference in the mean diameter of foramen magnum between males and females. Chi-square test showing p=0.092 (p>0.05 indicating statistically not significant).](image)
significant difference in the average diameter of the foramen magnum between the males and females (p>0.05). Regression analysis studies have been performed for the morphology of Foramen magnum and Occipital condyle for identification of sex, ethnic group and age [23–25]. Although some studies suggested these did not have a correlation with the sagittal and the transverse diameter of the Foramen magnum [26,27] other studies reported a sexual dimorphism for Foramen magnum dimensions with [28,29] all parameters being significantly higher in males.

In our study, males displayed larger mean values than females regarding length of foramen magnum and width of foramen magnum. This is similar to the findings of Kamath et al. [29,30] found that sex predictability is higher values in males for Foramen magnum (70.3%), followed by sagittal diameter (69.6%), and least for transverse diameter (66.4%), similar to the study of Uthman et al. [31] for Foramen magnum area and Sagittal diameter [32] with higher predictability for Foramen magnum and sagittal diameter compared to transverse diameter. Rai et al. [33] found that Occipital condyle and Foramen magnum dimensions were higher in males compared to females. No statistical significant difference was found in adults for different [34–36] age groups for the Occipital condyle and Foramen magnum Varsha et al. found that the antero-posterior diameter of the occipital condyle in male skulls was found higher than the female skulls, however there was no significant difference in the transverse diameter of Occipital condyle in male and female skulls. The results clearly indicate males displayed larger mean values than female’s length of Foramen magnum and width of Foramen magnum [37]. Some of the authors described that even discriminative formulae that are helpful to establish gender of the skull based on the morphology of the occipital bone or just its small part. The most common one is so-called Fisher’s method that calculates probability on the basis of occipital condyle length (OcL) and occipital condyle width (OcW) as well as width of the foramen magnum (FmW) using the following formula,

\[
\text{Diameter of male}= [(8.227 \times \text{OcL})+(6.477 \times \text{OcW})+(5.467 \times \text{FmW})]-227.181
\]

\[
\text{Diameter of female}= [(7.529 \times \text{OcL})+(6.477 \times \text{OcW})+(5.467 \times \text{FmW})]-196.519
\]

The method was successfully applied by Giles et al. [38] who were able to correctly state sex of Afro- Americans (82%) and Caucasian (89%) individuals. Similar accuracy was reported by Hanke et al. [39]. However, a much lower degree of proper determination of male (79.4%) and especially females (79.1%) was reported by Kajanoja et al. [40]. Gagandeep et al. reported that Maximum bicondylar breadth, length found to be a more discriminating variable providing accuracy 66% [41]. According to Gapert et al. sexual dimorphism expression is increased in occipital condyles compared to foramen magnum [42,43]. Zirahei et al. reported that Males presented higher mean values of 24.15 mm and 26.83 mm for anterior intercondylar distance and posterior intercondylar distance, respectively. While females are 22.31 mm and 23.79 mm [44]. Abdel-Karim et al., reported Anterior occipital inter condylar distance (AOID) mean values of 7.22 mm and 6.83 mm for males and females respectively, while the posterior occipital inter condylar distance (POID) mean values are 31.57 mm and 30.42 mm in a study [45]. Several studies confirm that sex determination is significant using Occipital condyle, intercondylar distance, foramen magnum. Thus the evidence adds to the consensus for this study and can be used as one of the reliable criteria for determination of sex. In this present study, limitations such as the exact age of the skull were not determined. This Study was done in a small sample size. With this we can conclude that the data obtained from the present study may be of use to the forensic expert’s neurosurgeons anthropologists morphologists clinical anatomists carrying out further research work.

**CONCLUSION**

The morphometric values of occipital condyles are variable. So the knowledge of these variations may guide neurosurgeons in transcondylar approach in the management of neoplasms and other pathology related to this region. The foramen magnum is of particular interest in the field of forensic medicine to identify fire victims and also used for intracranial surgical approaches. The result of this study offers
a good opportunity to identify sex using the occipital condyle, intercondylar distance and foramen magnum apart from pelvimetric and craniometric analysis of sex determination. Detailed morphometric analysis of occipital condyle, intercondylar distance foramen magnum will help in the estimation of sex though all the parameters doesn’t prove to be effective but it can serve as an additional criteria in case of skull obtained with damages on the cranial bones in forensic investigation and related fields. This study will be useful also for the anatomist, neurosurgeon, radiologist and morphologists’ clinical anatomists to carry out further detailed morphometric analysis.

REFERENCES


