









meaning and effort – in adolescent athletes with a predominance of striving for perfection) and allows them to live a comprehensive experience of pleasure (flow) in sports activities. Adolescents with low levels of hubristic motivation are much less likely to experience a similar condition in sports.

High level of hubristic motivation in adolescence, according to which sports activities are perceived by adolescents as chosen by them in accordance with their desires and goals, is associated with a complex experience of pleasure in its process. The probability of achieving optimal experience (experience of enthusiasm) in sports is much higher in adolescents with a high level of striving for perfection. In adolescence, the presence of a high level of striving for superiority does not provide the experience of passion for sports.

### CONCLUSIONS

Hubristic motivation of sports activities in adolescence has a number of features. In the course of our study, differences in hubristic motivation in respondents by gender were established. Female athletes are characterized by a higher level of hubristic motivation than male athletes. Adolescents, who play team sports, have a higher level of hubristic motivation than their peers, who play individual sports. Belonging to a team meets the needs of adolescence and increases the motivation for self-affirmation in adolescents engaged in sports. The predominant desire for superiority and the desire for self-affirmation in the structure of humor motivation determines the range of certain experiences in the process of sports activities of adolescents. Adolescent athletes with a dominant striving for superiority tend to focus more on their efforts and give them importance in the process of activity. The dominance of striving for perfection in the structure of the profile of hubristic motivation of adolescents is associated with experiencing a full range of components of optimal experience (satisfaction, meaning and effort), which makes it possible to feel optimal experience (experience of enthusiasm) in sports. The presence of a high level of hubristic motivation in adolescent athletes determines the complex experience of pleasure (flow) in sports.

We see the prospect of further research in the study of the peculiarities of the hubristic motivation of adolescent athletes, depending on the content of the leading motives of sports activities.

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