

# Effect of Disinfection on Some Mechanical Properties of Polycarbonate Base Material

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# ABSTRACT

Background: Dentists face a variety of serious challenges, including the need for ideal material in order to deliver successful dental care to patients. To produce an effective prosthesis with satisfactory appearances these materials should be biologically compatible, readily usable, inexpensive, and easy to manipulate with regulated technological procedures. Removable prosthodontics entails the use of a variety of tools and multipurpose products that are difficult to sterilize or clean, such as prostheses, impressions, and stone casts, which increases the risk of cross-contamination between both the dental clinic and the laboratory.

Materials and Methods: Three NAOCL concentrations (0.25%,0.5% and 0.75%) were used as determined by the pilot study, which yielded the most suitable results. A total of 200 sample were prepare and divided into 3 experimental group and a control group (2%chlorhexidine,0.25% and 0.5% NAOCL). Each group was subdivided into five identical subgroups. For each subgroup, ten specimens were utilized for each test (elongation percentage, shore D hardness, roughness, impact, color change).

Results: The results of the tests showed significant decrease of Impact strength of the polycarbonate after immersion in (2% chlorhexidine) and it continuous decrease in (0.25% NAOCL) while the lowest mean value was for the (NAOCL 0.5%). The results of surface hardness showed significant slightly increase with (2% chlorhexidine) and decreased with (0.25% NAOCL), (NAOCL 0.5%) respectively. The results of surface roughness showed slightly increased values in (2% chlorhexidine) when compared to control group while increase when immersion in (0.25% NAOCL), (0.5% NAOCL) concentration respectively. The percent of elongation test showed the polycarbonate non-effected when immersed in (2% chlorhexidine) and decrease when immersed in (0.25% NAOCL), (0.5% NAOCL) concentration respectively. The results of color stability showed increased values in (2% chlorhexidine) when compared to control group and continuous increase when immersion in (0.25%NAOCL), (0.5% NAOCL), (0.5%NAOCL).

Conclusion: The polycarbonate resin material can be safely immersed in (2% chlorhexidine) disinfectant solution without any damaging effect on surface hardness, surface roughness, percent of elongation and color stability. As well, immersion in (2% chlorhexidine) was preferable than NAOCL disinfectant solution in comparison to the control group.

Key words: Properties of polycarbonate, Disinfection, Chlorhexidine, NAOCL

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# INTRODUCTION

Dentists face a variety of serious challenges, including the need for ideal material in order to deliver successful dental care to patients. To produce an effective prosthesis with satisfactory appearances these materials should be biologically compatible, readily usable, inexpensive, and easy to manipulate with regulated technological procedures [1].

The denture should have been aesthetically attractive, perform well, and be biocompatible with the surrounding oral tissues that sustain it. A successful denture should be dimensionally compatible to improve chewing performance, be convenient for patients, and avoid inflammation of the oral tissues [2].

Polycarbonate PC (poly (Bisphenol A) carbonate) is an

amorphous polymer with signs of crystallinity in certain places [3]. It's made of high-quality plastic that's low in weight and translucent. Furthermore, PC has exceptional mechanical properties such as structural stability, excellent impact resistance [4]. high plastic deformation without fracture or crack [5]. and high thermal resistance, retaining its properties over a broad temperature range of  $140^{\circ}$ C to  $-20^{\circ}$ C [6]. PC, has certain defects in terms of properties, such as low chemical tolerance, limited scratch resistance, and sensitivity to UV rays, which causes color changes. PC may be improved by adding the right additives or mixing it with other polymers [4].

Disinfection is the use of chemical substances to destroy or remove organisms that might cause infection, although physical procedures such as heat treatments are also included [7]. Many mechanical and chemical approaches have been employed to clean and disinfect the denture surfaces from the bacteria that had accumulated on them. Chemicals such as 2% sodium hypochlorite, chlorhexidine and denture brushing have been utilized, however these efforts have had detrimental effects on the acrylic resin foundation of the denture [8].

# **MATERIALS AND METHOD**

In this study, Polycarbonate Extra rigid polymer M10 XR, Deflex, Argentina, Hyposol 3%sodium hypochlorite and Chlorhexidine 2% (Poland) were used.

#### **Pilot Study**

polycarbonate specimens were immersed in NAOCL suspensions at various concentrations (0.25%, 0.5% and 0.75% for each concentration) (20 Mins, 3 times daily for 15 days). For each party, three specimens were prepared. By measuring percent of elongation and surface roughness, the concentrations of 0.25% and 0.5% were chosen because they offered the most suitable results.

#### **Specimen Grouping**

A total of 200 specimens were made and grouped into control group (normal saline referred to as group A) and three experimental groups (2% chlorhexidine referred to as group B, 0.25% NAOCL referred to as group C and 0.5% NAOCL referred to a group D). Finally, every group was further subdivided into five subgroups according to the intentionally performed test.

### **Mold Fabrication**

Plastic and metal sheets (1-4 mm) in thickness according to each test were cut by laser engraving machine (JL-1612, Jinan Link Manufacture and Trading Co., Ltd., China). The cutting was performed in accordance with predetermined requirements for every test as determined by a computer software Auto CAD 2019 (Autodesk Inc., San Rafael, CA, USA) (Figure 1).

#### **Injecting Thermoplastic Material Specimens**

Polycarbonate cartridges were loaded into the DEFLEX MAD automated programmable device and injected

into the flask as recommended by the manufacturer: as shown in figure 2. Polycarbonate injection under pressure (5-7 Bar) heat (305oC+/- 10C) for (15 min). as in (Figure 2).

The proper cartridge of injecting material was selected. At its closed end, a vaseline base lubricant was applied, and the cartridge was inserted into one of the two heating cylinders, After the flask's two halves were assembled, screws used to fasten them, and then the flask was placed and secured in the injecting unit, the pressure was kept constant for 1 minute to compensate for the setting contraction. The cylinder was then pulled away from the flask by around 3 to 4 mm, allowing the cartridge to be disengaged. The flask was then removed and the used cartridge was automatically discharged by pressing the evacuation key, After the flask was cooled, the screws were loosened and the flask halves were slowly opened. The specimens were removed from the molds.

#### **Preparation, Finishing and Storage of Specimens**

After de-flasking of the test specimens, every specimen was finished and polished Except for the surface roughness test, they were finished and any flashes of materials were removed. The polycarbonate specimens were separated and the sprue were removed by using metal disk to cut it then each specimen was finished by using special finishing plastic burs used to finish them, then all the specimens were finished by using a sand paper with (120) grain size and to avoid over heating the specimens were cooled by immersing them in rubber bowel filled with water (finishing the specimens for 15 second then immersion in the water for 15 second).



Figure 1: A, plastic mold for impact test. B, plastic mold for elongation test. C, metal mold for hardness and roughness test. D, metal mold for color stability test.



Figure 2: Automatic programmable device DEFLEX MAD.



Figure 3: finished and polished equipment.

Polishing of the specimens was done in lathe polishing machine by using ruge disc and soft brush with pumice as in (figure 3). To achieve a high-gloss finish, a dental lathe was utilized at a low speed (1500rpm) with continuous water cooling to avoid overheating the specimens.

# **Testing Procedures**

# Impact strength test

Bar shaped specimens with length, width, and thickness of (80 mm x 10 mm x 4 mm) (ISO.179-1, 2000 for unnotched specimens) were constructed, Charpy type impact testing instrument was used. Horizontally the specimen was supported at its ends and hit by a free swinging pendulum. 30 joules testing capacity were used, the impact strength is expressed in joules by the scale reading on the side of Charpy type impact testing instrument. The Charpy impact strength of un-notched specimen was calculated in KJ/m2 by the following equation [9]:

Impact strength =  $E/B.D \times 103 (KJ/m^2)$ 

- E: is the impact absorbed energy in joules.
- B: is the width in millimeters of the specimens.
- D: is the thickness Test samples

# Shore D hardness test

The test was done according to (ASTM D2240-03 standard). The dimensions are 25mm in length, 25mm in width and 6mm in thickness. Five areas were marked on the surface, six millimeters separated from each other. Shore D durometer (Laizhou Laihua Co., China) with a blunt end and a diameter 1.40 diameter with 300 cone mm used for testing. The specimen is placed on a flat table, which is raised up by a lever until the indenter contacts the specimen for 3 second. The hardness at each point was measured, then the mean of the three measurements was considered as the hardness of the specimen.

# Surface roughness test

Specimens for roughness test were fabricated and tested according to ADA specification No.12, 1999. A Portable digital device with  $0.001\mu m$  accuracy was used. After placing the specimen on a stable and hard surface, the stylus touches the specimen surface at three areas and travels (11mm) along the surface after touching

the initial point. The mean of these three readings was measured and considered as the roughness of the specimen.

#### Percent of elongation test

Dumbbell shaped specimens with dimensions of  $(60\pm2mm \text{ overall length}, 16\pm1mm \text{ length of narrow}$  parallel side portion,  $12\pm1mm$  width at the ends,  $3\pm0.2mm$  width of narrow parallel side portion,  $2\pm0.2mm$  thickness and  $12\pm1mm$  large radius) (ISO 527: 1993plastic).

The test was measured using Tinins Olsen testing machine as in (figure 4) for measuring elongation strength at a cross head speed of 5 mm / min and with a 50 mm grip – to – grip displacement at the failure was recorded in millimeter (mm) and the percent of elongation values were calculated from the following equation:

Percent of elongation = displacement (final gauge length - initial gauge length) / initial gauge length \* 100%

Elongation = displacement /16 mm (initial gauge length) \* 100%

# **Color stability**

Rectangular-shaped samples with diameter of 20mm length, 10mm width and thickness of 0.8mm were fabricated for color change test. The amount of light transmission of the sample was measured by using a spectrophotometer as a function of wavelength. The sample was located over the light opening of the device and then subjected to light. The percentage and the reading of transmitted light, was then acquired from the screen of the computer attached with the device.

# **The Statistical Analysis**

The statistical analysis was done using one-way ANOVA (Analysis of variance) and post hoc tests (Tukey HSD) by statistical analysis software (IBM SPSS Statistics 26). Levene's test was also conducted to determine the homogeneity of variances.

The probability (P) value of > 0.05 was considered nonsignificant statistically (NS), P values of  $\leq$  0.05 were considered statistically significant (S), and P values of  $\leq$ 0.01 were considered highly significant (HS).

# RESULTS

#### Impact Test

The experimental group A (control) showed highest mean values followed by the chlorhexidine group (B) and NAOCL 0.25% (group C) while the lowest mean value was for the NAOCL0.5% (Group D). Tukey HSD test was conducted to compare means of each two groups of all four impact strength test groups. There were significant differences between group A and D, and non-significant between all other each two groups of all study groups. as seen in (Table 1).



Figure 4: Tinins Olsen testing machine.

#### **Shore D Hardness Tests**

The experimental group (NAOCL 0.5%) showed lowest mean values followed by the (NAOCL 0.25%) and (control) while the highest mean value was for the (chlorhexidine 2%), Tukey HSD test was conducted to compare means of each two groups of all four surface hardness test groups. There were significant differences between group B and D, and Non-significant between all other each two groups of all study groups as seen in (table 2).

#### **Surface Roughness Tests**

The experimental group (control) showed lowest mean values followed by the (chlorhexidine 2%), (NAOCL 0.25%) respectively while the highest mean value was for the (NAOCL 0.5%), Tukey HSD test was conducted to compare means of each two groups of all for surface roughness test groups. There were non-significant differences between group A and B, and significant between all other each two groups of all study groups (Table 3).

#### **Percent of Elongation**

The experimental group (2% chlorhexidine) showed highest mean values followed by (control group and 0.25%NAOCL) group, while the lowest mean value was

Table 1. Minimum values	maximum values m	eans standard deviation	ANOVA (one way)	) and nost-hoc to	est of impact strength
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		Impact Strength		ANOVA		Tuke	y HSD	
Group	Min	Max	Mean	±SD	F	P value	Groups	P value
(0)				A B	0.978			
(A) 230.23	230.23	242.79	235.258	4.39429	4.867		A C	0.052
(5)	220.42	220.00	224 567	2 62062		(S).006	A D	0.02
(B) 228.42	228.42	259.08	234.507	5.03803			ВC	0.122
(C)	225.17	236.91	230.601	4.37565			B D	0.053
(D)	224.19	233.1	229.924	2.96958			C D	0.98
Levene statistics=1.177 , P value=.332(NS)								

Table 2: Minimum values, maximum values, means, standard deviation, ANOVA (one way), and post-hoc test of hardness.

		Shore D Hardnes	S	ANOVA		Tukey HSD		
Group	Min	Max	Mean	±SD	F	P value	Groups	P value
(0)	(A) 80 86.34 82.551 2.41663			A B	0.966			
(A)		82.551	82.551 2.41663			A C	0.482	
(D)	00 70	04.00	02.050	4 40600	3.508	.025(S)	A D	0.092
(B)	) 80.79 84.89 82.958 1.49633	1.49633		ВC	0.243			
(C)	78.78	83.89	81.286	1.83235	-		B D	0.032
(D)	77.36	82.98	80.43	1.98555			C D	0.764
			Levene s	atistics=2.130, P v	alue=.113			

#### Table 3: Minimum values, maximum values, means, standard deviation, ANOVA (one way), and post-hoc test of Surface roughness.

		Surface roughne	ss	ŀ	ANOVA	Tukey HSD	Tukey HSD	
Group	Min	Max	Mean	±SD	F	P value	Groups	P value
(A)	2 271	2 5 9 2	2 4225	0 1100			A B	0.883
(A)	3.271	3.583	3.4235	0.1183			A C	0
(D)	2.225	2 624	2 4600	0.00542	26 207	000 (11 C)	A D	0
(B)	3.335	3.624	3.4699	0.09512	36.207	.000 (H.S)	ВC	0.006
(C)	3.527	3.97	5 3.793	6 0.15838	-		B D	0
(D)	3.717	4.23	5 3.989	2 0.17927	-		C D	0.019
			Levene s	statistics=2.182, p v	alue=.107			

Percent of Elongation						ANOVA		
Group	oup Min Max Mean				F	P value		
(A)	0.692	0.887	0.7823	0.06573				
(B)	0.7007	0.836	0.7844	0.03898	2 447	002(NLC)		
(C)	0.69	0.808	0.7471	0.04319	2.417	.082(N.S)		
(D)	0.6723	0.802	0.7348	0.05148				
	Levene statistics= 2.252, p value=.099							

Table 4: Minimum values, maximum values, means, standard deviation, ANOVA (one way), and post-hoc test of percent of elongation.

Table 5: Minimum values, maximum values, means, standard deviation, ANOVA (one way), and post-hoc test of color stability.

		Color Stability		ANOVA		Tukey HSD			
Group	Min	Max	Mean	±SD	F	P value	Groups	P value	
(0)	2 1 0 0	2 271	2 1090	0.052072	50.605		A B	0.099	
(A)	2.109	2.271	2.1986	0.052073			A C	0	
(8)	2 4 7 2	2.247	2 2504	0.052308		000(11.0)	A D	0	
(B)	(B) 2.172	2.317	2.2581			.000(H.S)	ВC	0	
(C)	2.254	2.493	2.3712	0.073116			ВD	0	
(D)	2.385	2.532	2.4827	0.041264			C D	0	
	Lovopo statistics 1 227. Divoluo 214								

for the (NAOCL 0.5%) as seen in (Table 4).

#### **Color Stability**

The experimental group (0.5% NAOCL) showed highest mean values followed by (0.25% NAOCL and chlorhexidine) groups, while the lowest mean value was for the control group, Tukey HSD test was conducted to compare means of each two groups of all four color stability test groups. There were non-significant differences between group A and B, and highly significant between all other each two groups of all study groups as seen in (Table 5).

# **SEM Result**

The results indicate well distributed and increase degree of roughness into polycarbonate matrix with 2%chx and more roughness in 0.25% ,0.5% NAOCL respectively as show in figure (Figure 5).

#### DISCUSSION

Because the denture is worn in the mouth and is exposed to a variety of chemical compounds as well as multiple stresses, the denture base materials must have specialized qualities to meet as many of the requirements as possible [10]. An at-home disinfecting process can be used to immerse prosthetic devices in solutions. Disinfectants, on the other hand, interfere with the polymer's properties [11].

Impact strength test is the ability of material to dropped on a hard surface, it broke. This was connected to the amount of energy adsorption that causes a material to fracture when subjected to a quick blow [12]. The high impact strength of polycarbonate was due to a number of factors related to its structure, including the presence of a considerable aromatic component of phenyl groups (benzene ring) in its backbone and pendant oxygen and hydrogen groups of modest size These The tangling with the neighboring polymer is enabled by the oxygen and



Figure 5: 100  $\mu$ m magnification show increase degree of roughness into polycarbonate matrix with: A: Control specimen, B: 2% CHX specimen, C: 0.25% NAOCL specimen, D: 0.5% NAOCL specimen.

hydrogen groups. hydrogen bonding and the creation of chains All of these elements will result in Intermolecular movement resistance should be increased [13]. The results of the study showed that impact strength for (0.5% NAOCL, 0.25% NAOCL) decreased significantly when compared to the control group. Polymer degradation may cause the material to dissolve when immersed in liquids [14]. Van der walls forces were used to achieve interfacial adhesion between inorganic fillers and organic matrix; these weak bindings may reduce the elastic modulus of modified polymer at low stress, but they tend to break down at high impact loading, making the material more brittle [15,16].

Shore D hardness is defined as a material's resistance

and ability to abrade opposing dental structures [17]. After immersion, there was statistically significant decrease in surface hardness comparison to the control group, except for test group B (chlorhexidine), increase polycarbonate samples degradation with increase NAOCL concentration as shown in SEM. After the degradation, the damage in the matrix makes the water transport mechanism even more active, water absorption increases [18]. PC and water are polar polymer and polar solvent, respectively. Therefore, solvent-solute interaction, namely 'like dissolves like" will occur. PC also contains oxygen in carbonate group, CO3 which is susceptible to water absorption. Crowding of water molecules at PC polymer chain causes the polymer structure to deform and open up, leading to higher free volume [19]. Water molecules diffuse more quickly into polymers, acting as a plasticizer and gradually relaxing the polymer chain, resulting in a decrease in hardness [20].

Surface roughness is significant factor because bacteria can accumulate on rough denture surfaces, affecting oral health [21]. The roughness of denture is affected by the material's properties, polishing techniques, and the operator's skill [22]. The findings of the ANOVA tests showed that the surface roughness of the 2%chlorhexidine group was statistically non-significant change when compared to the control groups. The surface roughness test showed that the mean surface roughness values for the (0.25% NAOCL) and (0.5% NAOCL) was a statistically highly significant increase when compared to the control group. This increase might be due to fact that when a polymer is exposed to a solution, it suffers hydrolytic breakdown as a result of the chemical interaction between the solution and the organic matrix in the open spaces between the polymer chains [23].

Elongation is a measurement of how far a material can stretch before breaking. When a material needs to tolerate bigger deformation without breaking, it needs to have a high elongation [24]. After immersion, there was statistically significant decrease in percent of elongation for 0.25%, 0.5% NAOCL respectively comparison to the control group, except for test group B (disinfectant), This decrease might be due to fact that when a polymer is exposed to NAOCL solution, increase the BPA release although higher pH values [25].

color stability: Many denture base resins have been produced that make processing easier and faster, While all these materials have appropriate mechanical properties, color stability is also important since a change in appearance indicates a decrease in longterm denture quality [26].The spectrophotometer study shows significant differences between the tested groups in both the (0.25% NAOCL) and (0.5% NAOCL) groups, One of the possible reasons for the significant color differences in the color stability test when compared to those immersed in distilled water groups is the surface porosity caused by the dissolution of a small soluble component of the material, which causes the color change, or the increased roughness caused by the immersion disinfectant method, which leads to accelerated chemical degradation [14].

### CONCLUSION

The polycarbonate resin material can be safely immersed in (2% chlorhexidine) disinfectant solution without any damaging effect on surface hardness, surface roughness, percent of elongation and color stability. As well, immersion in (2% chlorhexidine) was preferable than NAOCL disinfectant solution in comparison to the control group.

#### **CONFLICTS OF INTEREST**

All authors declare that they have no competing interests.

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The project is completely self-funded.

### ETHICAL APPROVAL

In-vitro study.

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